

EARLY STAGE BREAST CANCER

ADJUVANT CHEMOTHERAPY

Dr. Carlos Garbino

EARLY BREAST CANCER – ADJUVANT CHEMOTHERAPY

• SUSTANTIVE DIFFICULTIES FOR A WORLDWIDE APPLICABILITY DUE TO IMPORTANT INEQUALITIES

+ IN DIFFERENT COUNTRIES.

+ WITHIN THE SAME COUNTRY

 GOVERNMENTAL POLITICS THAT PROVIDE ECONOMIC SUPPORT FOR HEALTH CARE SYSTEMS SHOULD BE IMPLEMENTD TO SOLVE THESE DISPARITIES THAT INFLUENCE BREAST CANCER CARE.

FACTORS ARGUING FOR CHEMOTHERAPY INCLUSION

- HISTOLOGIC GRADE 3 TUMOR.
- Ki 67 > 14 %.
- LOW HORMONE RECEPTOR STATUS: < 50 %.
- POSITIVE HER 2 NEU STATUS.
- TRIPLE NEGATIVE STATUS.

MICROARRAYS

• WHERE MICROARRAYS ARE AVAILABLE, APPROVED GENETIC TESTING SUCH AS ONCOTYPE DX MAY BE USED TO SELECT CHEMOTHERAPY, IF NOT ALREADY INDICATED DUE TO HER 2 POSITIVITY OR ANY OTHER DETERMINANT, IN AN ENDOCRINE RESPONSIVE COHORT IN ORDER TO DETERMINE THE USE OF CHEMOTHERAPY IN ADDITION TO ENDOCRINE TREATMENT.

 MAMMAPRINT IS NOT YET RECCOMENDED DUE TO LACK OF PREDICTIVE VALUE.

LUMINAL A SUBTYPE

ER /PR POSITIVE.
HER 2 NEGATIVE
Ki 67 LOW: < 14 %

- IS LESS RESPONSIVE TO CHEMOTHERAPY.
- CHEMOTHERAPY IS LESS USEFUL IN LUMINAL A.
- NO PREFERRED CHEMOTHERAPY REGIMEN COULD BE DEFINED FOR LUMINAL A SUBTYPE

LUMINAL B SUBTYPE

Luminal B Her 2 - : Luminal B Her 2 +:

ER and / or PR + ER and / or PR +

HER 2 - HER 2 overexpressed/amplified

Ki 67 high Ki 67 any value

(Histologic Grade could substitute Ki 67 when absent)

- . ANTHRACYCLINES AND TAXANES SHOULD BE INCLUDED IN THE CHEMOTHERAPY REGIMEN.
- . Anti HER 2 therapy could be included in HER 2 +
- . Endocrine Therapy may be indicated.
- In Luminal B HER 2 + the use of Anti HER 2 therapy and HT is feasible after CT.

ERB-B2 OVEREXPRESSION SUBTYPE

- HER 2 overexpressed or amplified.
 ER and PR absent.
- . Anti HER 2 therapy should be added to CT. Trastuzumab optimal duration: 1 year. Anthracyclines and Taxanes should be included in the CT.
- . Tumors of 5 mm. in diameter and bigger, should receive Anti HER 2 therapy. There is no evidence that smaller tumors do benefit.
- . Simultaneous administration is slightly better than sequential therapy.
- . Combined treatment CT + Trastuzumab- in the Adjuvant setting seems better than exclusive Anti HER 2 therapy.

BASAL LIKE SUBTYPE

 Triple Negative: ER and PR absent HER 2 –

Valid for Triple Negative and Basal Like Br. Ca.(Ductal)
Other special TN histologic subtypes are excluded.

- . CT: Anthracyclines, Taxanes and Alkilating agents usually CTX should be combined.
- . Antiangiogenic therapy is not included yet.
- . Mutated BRCA 1 2 carriers TN Br. Ca. are sensitive to C-DDP and Carboplatin

SENTINEL LYMPH NODE FINDINGS.

 Prognostic value of Isolated Tumor Cells and Micrometastasis are based in:
 Retrospective reviews – MIRROR -. Controversial results in different studies. Best results if Adjuvant CT is used. IHC detection has no impact in OS. ACOSOG Z0010 results, etc.: no clear and definitive recommendation for Adjuvant CT could be done.

SUGGESTION: if Isolated Tumor cells or Micrometastasis are present in the SLN, define Adjuvant CT according to the characteristics of the primary tumor (Grade, HR, HER 2 and Ki 67)

ONCOTYPE DX AND TREATMENT SELECTION

- In patients with HR +, HER 2 , Lymph Nodes .
- In Post-Menopausal with 1 3 LN + , HER 2 , HR + .

• RECURRENCE SCORE –RS-:

- LOW < 18: Hormone Therapy exclusive.
- INTERMEDIATE 18 31: CT should be discussed with each patient.
- HIGH > 31: Adjuvant CT followed by HT.

(TAILORx establish different values for RS: LOW < 11. INTERMEDIATE 11 – 25. HIGH > 25.)

LOW RISK: No need of Adjuvant CT. Death Risk <10%

- T </= 0.5 cm. HR + . HER 2 .
- T 0.6 1 cm with absence of all these factors: G3, Lymphovascular invasion, age < 35, HR -, HER 2 + .
- T 1 2 cm, G1 (histologic and nuclear) and absence of all these factors: Lymphovascular invasion, age < 35, HR - , HER 2 + .
- Patients with Lymph Node , HR + , Oncotype Dx RS < 18.

INTERMEDIATE RISK. Death Risk 10 – 20 %.

- T 0.6 1 cm with any of these adverse prognostic factors: G3, Lymphovascular invasion, age < 35, HR - .
- T 1 2 cm, HER 2 , with any of these adverse prognostic factors: G =/> 2, Lymphovascular invasion, age < 35 or HR .
- Patients with Lymph Nodes , HR + and Oncotype Dx with RS > 31.

ADJUVANT CT IN INTERMEDIATE RISK.

CT COMBINATIONS WITH PROVEN EFFICACY:

* FAC x 6

* TC x 4 +/- G-CSF

- * FEC 100 x 6
- * CAF x 6
- * CMF classic x 6 or 9.
- * CMF i/v x 6

Age: < 50 more benefit but, also, useful in > 50.

HR < 50 % better response.

Anthracyclines increase OS but in HER 2 – less benefit.

TC additional benefit in OS over AC. Prevention of Febrile Neutropenia is required.

HIGH RISK. Risk Death > 20 %.

- T > 1 cm . HER 2 + . (T 0.5 1 cm HER 2 + are considered as intermediate/high risk by several authors)
- Lymph Nodes + .
- LN but T > 2 cm and, in particular, Triple Negative BC (ER, PR and HER 2 negatives).
- Patients with Lymph Nodes , HR + and Oncotype Dx with RS > 31.

HIGH RISK: LN + , T > 2 cm LN - , Triple Negative.

ADJUVANT CT based in Anthracyclines and Taxanes.

TAC x 6 + Pegfilgastrim/G-CSF + Ciprofloxacine D 5-14 AC x 4 \rightarrow Docetaxel x 4 FEC 100 x 3 \rightarrow Docetaxel x 3 AC dose dense x 4 \rightarrow Paclitaxel x 4 + G-CSF D 2-12 FEC 90 x 4 \rightarrow Paclitaxel weekly x 8 AC x 4 \rightarrow Paclitaxel weekly x 12 Paclitaxel weekly x 12 \rightarrow AC x 4

METAANALYSIS: ADDITION OF TAXANES TO CT BASED IN ANTHRACYCLINES

13 studies with 22.903 patients evaluated.

Recurrence Relative Risk Reduction: HR=0.83

p < 0.00001

. Recurrence of Risk Death: HR=0.85

p < 0.00001

BENEFIT: is independant of

- HR expression
- LN involvement
- Taxane drug: P/D

- Menopausal status
- Sequential schedule*
- Concomitant schedule*/**

J C O 26.44, 2008. Lancet 373: 1681,2009. * J C O 29; 3877,2011. ** NEJM 362; 2053, 2010.

RISK REDUCTION

- BCIRG 001 TAC vs FAC. 10 years F-up. DFS (Recurrence Risk reduction 20 %) and OS (Mortality Risk reduction 26 %)
- GEICAM TAC vs FAC in LN (–) but High Risk BC: Recurrence Risk reduction 32 %. HR=0.68, p=0,01
- BCIRG 001 + PACS 01: In HR + , recurrence risk reduction 21 %, HR=0.79. In HR - , reduction of 31 %, HR=0.69
- DOCETAXEL: benefits HR + and HR -
- PACLITAXEL WEEKLY: benefits HR + and HR -
- PACLITAXEL EACH 3 w or DD, no benefit in HR + (GEICAM 9906*/ E1199**)
- AC DOCETAXEL = TAC x 6.**
- TAC x 4 is inferior to AC DOCETAXEL.**
- DOSE DENSE CT Metaanalysis of 10 studies: DFS better HR=0.83, p<0.005. OS better HR=0.85, p<0.01***

HER 2 + T > 1 cm or LN +

- Treatment based in CT + Trastuzumab.
- Treatment in T < 1 cm must be discussed individually if H would be included.

TCH: Doc.+ Carb.+ Herc. x 6 → H up to 1 year.

AC x 4 → TH (Taxane = Paclitaxel x 4 or 12 w. or Docetaxel x 4). H given simultaneously with the Taxane and up to 1 year.

Left ventricule ejection fraction must be moniterd for H dose adjustments or suspension.

ADJUVANT TRASTUZUMAB (H) IN HIGH RISK BC.

• POSITIVE STUDIES:

- + NASBP B-31*: ACx4→TAXOLx4 +/- H up to 1 year. Sequencial H: DFS HR=0.67, p<0.001. OS HR=0.88, p<0.343. Concomitant H: DFS HR=0.65, p<0.0007**
- + HERA***: Any CT Sequential H **** 1 year": F-up 4 years. Recurrence Risk reduction 24 %. HR=0.76, p<0.0001+
- + BCIRG 006++: AC→T=Doc., AC→TH, TCH. Concomitant.

Recurr. Risk red.: AC→TH HR=0.64, p<0.001. TCH HR=0.75, p<0.04.

Death Risk red.: AC→TH HR=0.63, p<0.001. TCH HR=0.77, p<0.038++

TCH < cardiotoxicity and leukemia induction.

- + FinHer: H 9 w. Subgroup Concomitant Doc+H: DF Distant Met HR=0.32, p<0.029 +++
- + NCCTG 9831
- . <u>NEGATIVE STUDY:</u> PACS-04++++

^{*} JCO 29; 4491, 2011.- ** JCO 25 Abstr 512, 2007. **** NEJM 353; 1659, 2005. + The Breast 18 (Suppl 1) abstr S25,2009.-++ NEJM 365; 1273, 2011. " ESMO Congress 2012. +++ JCO 27; 5685, 2009. ++++ JCO 27; 6129, 2009.

